



### REMINDERS / HOUSEKEEPING

#### Rent Redetermination for February, 2025

If your rent changes every year for February 1<sup>st</sup>, you will receive your HUD required 120-day notice. Margie will still be out on medical leave. You can still call 203.374.7868 ext 4 and you will either reach Amy Gershberg or you can leave her a message that you want to make your appointment for your HUD required interview. Don't delay. There are several of you who recertify for February. It is important that you meet with Amy early in the month. Under the HOTMA rules, you need to bring **ONE** bank statement for each bank account that you have.

#### Garden Boxes

As always, all garden boxes (inside and underneath) must be empty by **Dec. 1st** for next spring's gardeners. When you're ready to clean out your box, contact staff and we'll provide a large trash can for you. Congrats on another successful growing season despite the challenges!

#### Pest Control

On **Tuesday, October 15th**, FMG exterminator will inspect and treat all **FIRST-FLOOR units**.

Please have your bare mattress exposed and closet floors cleared.



#### Blood Pressure Checks

On **Thursday, October 17<sup>th</sup>, 10am**, Nurse Lee will be here at 10am. Please sign in when you arrive, and she will take you in order.



*It's* fall y'all! Autumn is here and we are ready! We have some great events happening this month and two festive holidays we are excited to celebrate with you!

Lots of housekeeping, reminders and news to get to, please read on!

*-Jolene*

#### Thank you to our wonderful Donors and Community Helpers!

- 🎃 The Erlich Family, Monthly Sustainers to Friends of Hollander House
- 🎃 Sue Cazary, to Friends of Hollander, wishing Julio a speedy recovery
- 🎃 Sheila Lieff, to Friends of Hollander, wishing a speedy recovery to Margie
- 🎃 Thank you, residents and Friends of Hollander House, for all the recyclables; Amy Gershberg, Jean Hermele, Congregation Or Hadash
- 🎃 Thank you, David, our trusty recycling aficionado!

We are pleased to inform you that Friends of Hollander House received a grant from the **Jewish Federation of Greater Fairfield County** in support of our 2024 programming for residents. A big thank you to **Amy Gershberg** for her time and effort in seeking out this grant and her follow through in obtaining it!





## HOLLANDER HOUSE EVENTS & OUTINGS

### Field Trip to Silverman's Farm

**Monday, October 7, 11:00 am**, enjoy a visit to Silverman's Farm. You can visit their farm shop for homemade pies and an assortment of honey, jams, cheeses and many other goodies. If you'd like, visit the petting zoo, there's a \$7.00 fee. You are able to pay 25¢ and get a handful of food from a dispenser, or buy a bag of feed for \$5.00 and share with a friend. You may also go apple picking, a golf cart will take you into the orchard. It costs \$15.00 for an 8-pound bag, or \$30.00 for a 15-pound bag. You may also pick with a friend and share a bag. Sounds like fun!!! You can also just go for the ride! Sign-up deadline is the **Oct 3<sup>rd</sup>**



### All Aboard the Essex Steam Train!

**Thursday, October 10<sup>th</sup> Bus pick-up 10am**, return 3pm. Foliage excursion on the Essex Steam Train and River Boat! These vintage steam trains carry you along the river in style and comfort as you take in stunning views of the fall foliage along the Connecticut River. This will be a fantastic Autumn Experience. **Sign-up deadline this Friday morning, 10:00 am.** Sign up by giving Gwen the \$34.00 train/boat fare. See flyer for more detail!



### Music Appreciation

Brian Torff, professor, musician, composer and writer, will present **Feel Like Going Home**. Director, Martin Scorsese, winds his way from the banks of the Niger River in Mali, to cotton fields and juke joints of the Mississippi Delta, to trace the origins of the blues in a lyrical combination of original music performances. Please sign up, and join Brian for this wonderful program, **Tuesday, October 8<sup>th</sup> at 1pm**



### New Ideas

We are going to trial "Need a Card/Take a Card". A box of greeting cards and notepads for various occasions will be in the community room 2-3 times per month. Please feel free to help yourself to up to 5 cards each time the box is out. The box will be out on **October 15<sup>th</sup> from 10am – 1pm**. Please be kind and only take what you need and will use. We hope this will allow you to keep in touch with family and friends by dropping them a note just to say "hi" or by wishing them a happy birthday or well wishes.





### Holiday of Sukkot

This year, Sukkot starts at sundown Wednesday, October 16<sup>th</sup> and ends on Friday October 25<sup>th</sup> at sundown. You will see the Sukkah go up on October 15th. **Monday October 21<sup>st</sup> at 1 PM**, please join us in the Sukkah for singing led by Rabbi Colin Brodie. Snacks will be served during this program and throughout the Sukkot. Snacks are sponsored by the generous grant received from the **Jewish Federation of Greater Fairfield County**.



### Halloween Party

Join us **Thursday October 31<sup>st</sup>** for fun, friends and refreshments! Start Planning your costumes now! Watch for a flyer and sign-up sheet with more information! Come in your favorite Costume!



### Movie Club Fridays

Bring a snack and come down and watch with friends and neighbors in the Community Room. Then discuss the movie afterwards. Shows start at 2:45pm unless otherwise noted:



**Oct. 11 TAR**

**Oct. 18 TICKET TO PARADISE**

**Oct. 25 THREE DAUGHTERS**

### *celebrate Sukkot*

FESTIVAL OF JOY



#### **What is Sukkot?**

**(Hebrew meaning: Booths or tabernacles)**

**What's it about?** In ancient times when the Temple stood in Jerusalem, this was a pilgrimage holiday to celebrate the harvest. Today, it still coincides with harvest time.

**How do I pronounce it?** Some say "sue-coat" and some say "sukkiss".

**When is it?** Sunset/moonrise on October 16 through sunset, October 25th 2024.

**Special activities?** Before the holiday, communities and some individual families build a sukkah or hut in the yard or on the back porch. The sukkah is supposed to be open to the elements. During the holiday, an important activity is eating in the sukkah. There is also a ritual blessing involving waving the etrog (a citron), and the lulav (a palm branch bound with myrtle and willow).

**Symbols of the Holiday?** The sukkah, the lulav, and the etrog.

**Special greeting?** "Hag Sameah" (happy holiday) with a heavy guttural "h" at the beginning of the first word and at the end of the second. Or, if you're really stylish, "Moadim l'simcha" (festivals for joy). You may also hear "gut yontev", which is Yiddish for happy holiday.