



This month is all about giving thanks.

Please take a moment or the whole month, and find gratitude in all the things, opportunities and people that surround you. I would like to share a delightful and thoughtful poem written by one of our residents, Gilda. We hope the poem starts you off this month feeling and being grateful to live in such a wonderful community.

**T**hank you, Hollander and staff, for enriching our quality of life,

**H**elping us by providing things, giving us respite from aging challenges and strife.

**A**wesome flowers and outdoor plantings greet us each day,

**N**ew colorful, energetic fish in our lobby tank, swim by and delight us, as we go on our way,

**K**ind staff "hellos" and timely responds to our "work orders" put our concerns at bay.


**Y**our thoughtful shopping trips and excursions fill our needs, and are a pleasure,


**O**nly to be superseded by your Holiday celebrations, social work support, security, bingo, monthly nursing, legal updates and music appreciation, which all, are a treasure.


**U**nderstated, we Thank You, Hollander, for bringing us more comfort and joy, that you can imagine or measure!


*-written by, Gilda*


## Thank you to our wonderful Donors and Community Helpers!


 The Erlich Family, Monthly Sustainers to Friends of Hollander House

 Sue Cazary, in Memory of Erin Heneghan

 Sheila Lieff, in memory of Isaak Goldshteyn and condolences to Emma Goldshteyn

 Thank you, residents and Friends of Hollander House, for all the recyclables; Amy Gershberg, Jean Hermele, Congregation Or Hadash

 Thank you, Cathy Mastrianno, for all your help decorating for the Halloween Party!

 As always, thank you David, our trusty recycling aficionado!

### REDEEMABLE BOTTLES FOR OCTOBER: \$153.90

**WOW ~ Keep recycling!**

We are pleased to inform you that Friends of Hollander House will use the grant funds received from the **Jewish Federation of Greater Fairfield County** to help with the cost of our Thanksgiving meals.

  
*Thank you!*



## HOLLANDER HOUSE REMINDERS/HOUSEKEEPING

### Annual Rent Redetermination

Good News! Starting **January 1, 2025**, you will only need to provide ONE recent bank statement per account. If checking and savings are on the same statement, that statement will be fine.

### Annual Inspections

Watch for a flyer in your mailbox for information regarding Annual Apartment Inspections required by HUD. Dates will be on the flyer.

### Garden Boxes

Boxes, inside and underneath, must be completely cleaned out by **December 1<sup>st</sup>**. When you're ready to empty your box, please see a staff member and we will provide you with a trash can. Anything left behind will be thrown away and those who do not clear their boxes will not be allowed to enter the lottery next year.

### Pest Control

On **Tuesday, November 19<sup>th</sup>**, FMG exterminator will inspect and treat all **SECOND-FLOOR units**.

Please have your bare mattress exposed and closet floors cleared.



### Blood Pressure Checks

On **Tuesday, November 5<sup>th</sup>**, **10am**, Nurse Lee will be here at 10am. Please sign in when you arrive, and she will take you in order.



### Hold Your Mail

If you are going to be away for multiple days, you must make arrangements for your US Mail to be held at the Post Office. They will then deliver your mail to you on your scheduled return date. The mailboxes are small and fill up quickly. Hollander staff cannot be responsible for your US Mail while you are away from the site.

### Exits

The side doors are for Emergency Exiting Only. Please do not exit from the two side doors, the alarm will sound and will only cause panic and confusion. For non-emergency's, please use front door and community room for exiting the building.



### Need a Card/Take a Card

This new idea was a success and may were able to find something useful. A box of greeting cards and notepads for various occasions will be in the community room once a month. Please feel free to help yourself to up to 5 cards/items each time the box is out. The box will be out on **November 14<sup>th</sup> from 10am – 1pm**. Please be kind and only take what you need and will use.



### AC Covers

We will start the covering of our AC's at the end of November. This helps keep the chilly drafts out. Please be on the lookout for a sign-up sheet on the bulletin board.



## HOLLANDER HOUSE EVENTS / HAPPENINGS



### Autumn Heating

An automatic sensor allows for indoor heat if the outside temperature falls **below 65** degrees. Is your thermostat ON? Are your windows closed tightly and then locked? Are you dressing in warm layers to stay cozy during transitional weather periods?

### Thermostats

There is a picture diagram on the bulletin board, adjacent to the mailboxes, that explains how to use the thermostat in your apartment. The photo explains how to turn on and off the heat, what it should and should not look like when the heat is on and when the heat is off. Please make yourself familiar with this diagram, it answers many questions and concerns.

### Social Security 2025

The annual notice that's called "YOUR NEW BENEFIT AMOUNT" from Social Security will arrive in your mailbox in December. It is the perforated, tear-to-open form that folds into thirds and tells you what your monthly benefit will be for the coming year. Please remember to drop the form in the **main office mail slot for Margie**. She'll make a copy for your file, a copy for Gwen, and then

### Garden Dedication Ceremony for Erin

Please join us in the new Garden,  
**Thursday, November 7<sup>th</sup> at 11:30AM.**

There will be a gathering to dedicate the beautiful new Community Garden and also the installation of a plaque in memory of Erin Heneghan.

At **12pm**, the Big Green Pizza Truck will begin to serve pizza and salad, to be followed by gelato, coffee and cappuccino. All are welcome. You must sign up so that we can give the pizza planners a number. Sign-up sheet is on the bulletin board.  
**Deadline is Monday, November 4<sup>th</sup>.**

### Thanksgiving Craft Project

**Monday, November 18<sup>th</sup>, 11AM.** Sign-up for the Turkey pine cone craft! No experience necessary and no cost to residents. This will be fun!



### Shopping Trips

Nov. 6	12:30pm Stop & Shop, Main St.
Nov. 12	10:30AM Milford Crossing
Nov. 20	12:30 Stop & Shop, Villa Ave.

**Please Note: Translation of the newsletter is available upon request. Please reach out to Jolene with requests.**

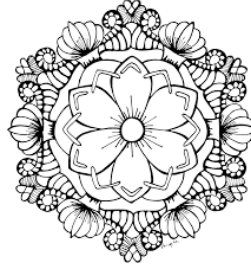
return the form promptly to your mailbox.



## HOLLANDER HOUSE EVENTS / HAPPENINGS

### Mandala Coloring

**Friday, November 8<sup>th</sup>, 11AM** in the community Room.



### Movie Club Fridays

Bring a snack and come down and watch with friends and neighbors in the Community Room. Then discuss the movie afterwards. Shows start at **2:45pm** unless otherwise noted:



**Nov. 1 Lonely Planet**  
**Nov. 8 The Menendez Brothers**  
**Nov. 15 Fall into Winter**  
**Nov. 22 In Her Place**

### Thanksgiving Meals

Thanksgiving falls on **Thursday, November 28<sup>th</sup>**. Once again, for those who will be here at Hollander that day, we will be offering individually packaged meals from Mozaic Senior Life's kosher caterer next door. There will be a sign-up sheet on the bulletin board where you can sign up by printing your name legibly *before November 19<sup>th</sup>*. Meals will then be available for YOU to pick up in the Community Room between 12:15pm and 12:45pm on Thanksgiving Day.

### Gratitude Project

Included in this newsletter you will find a leaf, please fill out the leaf with things, people, words or reasons you are grateful this season.



This leaf will be added to the **Gratitude Tree** and displayed in the community room for all to see and enjoy. Honoring a similar tradition Erin held every November, we have decided to keep the tradition going. From what I have learned about Erin, she was a kind and thankful person and she like others to recognize and acknowledge things in their own lives to be grateful for. I also learned she loved nature and all it's bounty. What better way to honor Erin and watch kindness and positivity grow then to create our own **Gratitude Tree**.

We would love and be very *grateful* if EVERYONE participated.

Please write briefly what you are grateful for and submit your finished product to the gratitude box and watch the tree grow!



**I am thankful for...**



# November 2024 at the Hollander House

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>DONATION OF THE MONTH FOR MERCY LEARNING CENTER</b></p>	<p>Peanut Butter &amp; Jam</p> 				<p><b>1</b></p> <p><b>RENT is DUE!</b></p> <p>2:45pm Movie- Lonely Planet <b>Candles 5:30pm</b></p>	<p><b>2</b></p>
<p><b>3</b></p> <p>Set Your Clocks Back</p> 	<p><b>4</b></p> <p><b>BINGO</b> 6:00pm Bingo</p>	<p><b>5</b></p> <p><b>VOTE ELECTION DAY</b></p> <p>10am Blood Pressure Checks</p> 	<p><b>6</b></p> <p>12:30pm Stop &amp; Shop, Main St</p>	<p><b>7</b></p> <p>11:30am Community Garden- Erin Dedication 12pm Big Green Pizza Truck</p>	<p><b>8</b></p> <p>11am Mandala 2pm Armchair 2:45 Movie- The Menendez Bros. <b>Candles 4:22pm</b></p>	<p><b>9</b></p>
<p><b>10</b></p>	<p><b>11</b></p> <p> <b>BINGO</b> 6:00pm Bingo</p>	<p><b>12</b> <b>13</b> <b>14</b></p> <p>Required Annual Apartment Inspections by Hollander Staff: <b>ALL UNITS</b></p>		<p><b>15</b></p> <p>2pm Armchair 2:45 Movie- Fall into Winter <b>Candles 4:15pm</b></p>	<p><b>16</b></p>	
<p><b>17</b></p>	<p><b>18</b></p> <p>11am Thanksgiving Craft Project</p> <p><b>BINGO</b> 6:00pm Bingo</p>	<p><b>19</b></p> <p>10am 2<sup>nd</sup> Floor Exterminator</p> <p>Deadline to request Thanksgiving meal</p>	<p><b>20</b></p> <p>Required Annual Apartment Inspections by Hollander Staff: <b>ALL UNITS</b></p> <p>12:30pm Stop &amp; Shop, Villa Ave.</p>	<p><b>21</b></p>	<p><b>22</b></p> <p>2pm Armchair 2:45 Movie- In Her Place <b>Candles 4:10pm</b></p>	<p><b>23</b></p>
<p><b>24</b></p>	<p><b>25</b></p> <p><b>BINGO</b> 6:00pm Bingo</p>	<p><b>26</b></p>	<p><b>27</b></p> <p>If you signed up for Thanksgiving meal, pickup is tomorrow between 12:15pm -12:45pm</p>	<p><b>28 Office Closed</b></p>	<p><b>29 Candles 4:07pm</b></p>	<p><b>30</b></p> <p><b>Office Closed</b></p>

