



Well, hello July! This month we say Happy 248th Birthday America! Can you believe we are halfway through the year! Hard to imagine it's already July. The year 2024 is flying by.

It was nice to see many of you enjoying the sun at Captains Cove and I heard the show at the Klien Auditorium was wonderful!

We have some exciting things happening this month so be sure to read through the newsletter and also watch the bulletin board for activities that are still in planning stages.




Thank you everyone for being patient during the month of June with the painting project and our trash compactor debacle and subsequent repair. Your cooperation and understanding made these planned and unexpected situations less stressful for all.

Disruption to our normal schedules and routines can be overwhelming at times, but it definitely keeps life interesting! As humans on this wild ride of life, we never know what hurdles will be tossed in our path, but choosing grace, kindness and patience is always the answer. It takes less energy to just smile and stay calm, it's also less stress on our bodies. I know first-hand staying positive takes practice, so I challenge you this month to practice until perfect!

-Jolene



Thank you to our wonderful Donors and Community Helpers!

-  The Erlich Family, Monthly Sustainers to Friends of Hollander House
-  Thank you, Gwen, for all your help with Rent Rebate
-  Thanks, David, for your efforts!

BOTTLE REDEMPTION (Partial) JUNE
\$37.90

REMINDERS / HOUSEKEEPING

Pest Control

On **Tuesday, July 16th**, FMG exterminator will inspect and treat all **THIRD-FLOOR units**. Please have your bare mattress exposed and closet floors cleared.



Blood Pressure Checks

On **Tuesday, July 2nd**, Nurse Lee will be here at 10:00 a.m. Please sign in when you arrive, and she will take you in order.



Redeemable Bottles & Cans

Please bring redeemable's to the first-floor blue bin. We use this money to fund the activity food fund, everything we make when we redeem bottles & cans goes right back to Hollander Residents. We have noticed many are going missing, so if your goal is to support Hollander House, please deposit them in FIRST-FLOOR BIN.



HOLLANDER HOUSE EVENTS & OUTINGS

Free Film Fridays

Feel free to bring a snack and a neighbor or two, and enjoy the Friday shows at 2:45pm in the Community Room, unless otherwise noted:

7/12 Barry

7/19 Otherhood

7/26 Wonder



Grocery Shopping

Watch for flyers and sign-up sheets.

7/3 10:30am Walmart/ShopRite

7/24 12:30pm Stop & Shop

Farmers Markets Voucher Distribution

Tuesday, July 2, 2:00pm One per household. Please sign up on the bulletin board, and you will be taken in order. You will need to bring your photo ID and SNAP or State grey card.

Ice Cream Social

Thursday, July 18th 1pm-2pm in the community room and weather permitting, the patio area, we will celebrate **National Ice Cream Day!** We will offer, ice cream sandwiches, fudge bars, popsicles, cookie sandwiches or the like.



Naugatuck Railroad Excursion

Saturday, July 20th, ride the Connecticut **Ice Cream Train!** \$12.00 per person. You are signed up when you bring the money to Gwen. The scenic train ride takes about ½ hour. Bus pick-up 11:15am, with a 2:00pm return. You'll have time to explore the railroad museum and shop. Sign-up deadline **July 15.**

8 Thrifty ways to entertain your grandkids

Nothing gives me a bigger smile than seeing the little ones running up the walk excited to visit Grandma or Grandpa! Entertaining this high-tech, screen minded generation can be easier than you think. Mom & Dad are tired and busy parents so why not take the time to spend real quality time with the littles by going back to basics. Here are a few budget friendly activities that will have them begging to go visit Grandma & Grandpa! (These are fun senior activities too!)

1. Go to the Park.
2. Plan a picnic right in our own backyard.
3. Play a board game, we have many we could loan you.
4. Have a tea party, pull out the fanciest mugs!
5. Paint or color portraits of each other.
6. Bake a cake and decorate it.
7. Movie night with popcorn and pretend movie tickets.
8. Scavenger Hunt



July 2024 at the Hollander House

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1  Rent is Due  6:00pm Bingo	2 10am Blood Pressure Checks 2pm Farmers Market Vouchers	3 10:30am Walmart/ShopRite	4 	5 Office Closed Staff Off 4 th /5 th Candles 8:11pm	6 Enjoy the Holiday Weekend!
7	8  6:00pm Bingo	9	10	11	12 No Armchair Exercise 2:45 Movie-BARRY Candles 8:08pm	13
14	15 9am Thimble Island  6:00pm Bingo	16 10am Pest Control 3 rd Floor	17 Rain-date Thimble Island	18 1pm Ice Cream in Community Room 	19 No Armchair Exercise 11am Mandala Coloring 2:45 Movie-OTHERHOOD Candles 8:03pm	20 11am Naugatuck Ice Cream Train 
21 	22  6:00pm Bingo	23	24 12:30pm Stop & Shop	25	26 2pm Armchair Exercise 2:45 Movie-WONDER Candles 7:57pm	27
28	29  6:00pm Bingo	30	31	DONATIONS OF THE MONTH: Canned Goods for Mercy Learning Center.		

